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### **Objective:**

### General, Presented To Whom It May Concern

### **Personal information:**

Date of birth: 20.09.1969
Birth place: Isfahan, Iran
Marital status: Married
Citizenship: Iranian

#### **Education:**

• Neurology. Isfahan University of medical sciences, Isfahan. Iran 2001- 2005

• Medical doctorate, Isfahan University of medical sciences, Isfahan. Iran 1987-1994

• High school diploma in experimental science, Harati High school, Isfahan. Iran

1983- 1987

### **Work experience:**

• Head of stroke care unit, Al-zahra hospital, Isfahan, Iran 2014-up to now

• Associate professor of neurology, Isfahan University Neurology Department, Isfahan University of medical sciences, Isfahan. Iran 2014-up to now

• President of Iran national stroke congress 2012

• Director of registration affairs, Isfahan University of medical sciences, Isfahan. Iran 2007- 2013

• Vice president of Al-Zahra hospital, Isfahan. Iran 2005- 2007

• Director of emergency medical services of Isfahan University, Isfahan. Iran

1998-2001

# **Association Membership:**

• International Headache Society Member 2017 up to now

• Asia Pacific Headache Society Member 2020 up to now

• World stroke organization member 2013-up to now

• Head of Isfahah\neurology society 2012-up to 2019

• Head of neurology department, Isfahan university of medical sciences 2012-2014

•	Academic member of Isfahan university of medical sciences member	r 2009- up to now
•	Iran's Neurology Society member	2005- up to now
•	Iran's medical Council member	1994- up to now
•	Isfahan' Neuroscience Research Center member	2009- up to now
•	Isfahan's MS committee member	2010- up to now
•	Educational Council's clerk of Isfahan University of medical science	es member
		2007- up to now
•	Member of Isfahan University of medical sciences university council	il member
		2007- 2014
•	Iran's regional education committee clerk	2009- 2014
•	Iran's Supervision on education council member	2009-2014
•	AL-Zahra hospital Neurology ward director, Isfahan, Iran	2010- 2014
•	Isfahan brain death committee member	2010-up to now

### **Honors:**

•	Head of the most distinguished department in Isfahan university of medical sciences		
		2013	
•	The most qualified neurologist in Isfahan province	2012 & 2017	
•	Iranian national award for the best proposal for electronic learning	2008	
•	First rank in neurology preboard in Iran	2005	
•	Distinguished investigator in Isfahan University of medical sciences	2007	
•	Distinguished educator in Isfahan University of medical sciences	2008 & 2009	
•	Distinguished manager in Iran's ministry of Health, Cure and Medical	l education 2005	
•	Designed research plan specially on cerebral vasomotor reactivity		
•	Established the air ambulance system in Isfahan, Iran	2001	

## **Accomplishments:**

- National certification on transcranial doppler issued by Iran ministry of health 2012
- Participated in a clinical and research course in psychosomatic medicine and psychotherapy, Freiburg, Germany. 2011
- Tracked the running of the stroke care unit in Al-Zahra hospital, Isfahan, Iran.
- Neurology specialist, responsible for urgent patients, Al-Zahra hospital, Isfahan, Iran.
- Tracked to improve the ICU beds in Al-Zahra hospital, Isfahan, Iran.
- Tracked the improvement of the imaging unit in Al-Zahra hospital, Isfahan, Iran.
- Cooperated in running MS clinic and neuroscience research center in Isfahan, Iran.
- Improved the number of urgency stations in Isfahan, Iran.
- Endeavored to decrease the time of arriving the pre-hospital ambulance on the patients bed to less than eight minutes in Isfahan, Iran.
- Tracked to run the air ambulance in Isfahan, Iran.

### **Research interest line:**

- Headache
- Pain disorders

# **Publication:**

### **Books:**

•	Electronic book on diagnosis and cure of MS	2012
•	Medical science from beginning to the end, two volumes	2011
	Diagnosis and Signs and Symptoms in Infectious Diseases (book)	2009
•	A Book for Education	2008

# **Articles:**

- 1. Effect of cinnamon on migraine attacks and inflammatory markers: A randomized double-blind placebo-controlled trial, Phytotherapy Research · July 2020
- 2. A case study of methadone-induced delayed post-hypoxic leukoencephalopathy with improvement by antioxidant therapy, Northern Clinics of Istanbul · July 2020
- 3. Connection of miR-185 and miR-320a Expression Levels with Response to Interferonbeta in Multiple Sclerosis Patients, Multiple Sclerosis and Related Disorders 44:102264 · June 2020
- 4. The Effect of Home Base Physical Activity Program based on the BASNEF Model on Motor Recovery in Patients with Stroke, Home Health Care Services Quarterly 39(2):1-14 · May 2020
- 5. Implementation of home-based health promotion program to improve flow-mediated dilation among patients with subacute stroke, Journal of Education and Health Promotion 9(1):41 · February 2020
- 6. The Impact of Home-Based Exercise Rehabilitation on Functional Capacity in Patients With Acute Ischemic Stroke: A Randomized Controlled Trial, Home Health Care Management & Practice 32(2):108482231989598 · December 2019
- 7. Association Between BMI and Inflammation Among Diabetic Polyneuropathy Patients, International journal of preventive medicine 10(1):212 · December 2019
- 8. Mechanisms of pathophysiology of blood vessels in patients with multiple sclerosis treated with ozone therapy: a systematic review, Acta Biomedica. September 2019
- 9. Correlation between expression of hTERT and α -β splice variants in human brain tumors, Advances in Clinical and Experimental Medicine 28(4):507-514 · April 2019
- 10. The MTHFR C677T polymorphism influences the efficacy of folic acid supplementation on the nerve conduction studies in patients with diabetic polyneuropathy; A randomized, double blind, placebo-controlled study, Journal of research in medical sciences 24(1):36 · April 2019
- 11. Comparison of acute ischemic stroke evaluation and the etiologic subtypes between university and nonuniversity hospitals in Isfahan, Iran, International Journal of Stroke 14(6):174749301982864 · March 2019
- 12. Effect of folic acid supplementation on nerve conduction velocity in diabetic polyneuropathy patients, Neurological Research 41(4):1-5 · February 2019

- 13. The effects of concurrent Coenzyme Q10, L-carnitine supplementation in migraine prophylaxis: A randomized, placebo-controlled, double-blind trial, Cephalalgia 39(5):033310241882166 · January 2019
- 14. Variants in Human Prostacyclin Receptor Gene in Patients with Migraine Headache, Iranian Journal of Psychiatry 13(4):239-243 · October 2018
- 15. Predicting Long-Term Cardiovascular Events after Transient Ischemic Attacks: Carotid Artery Intima-Media Thickness or ABCD2 Score or Both?, International journal of preventive medicine 9(1):102 · November 2018
- 16. Meta-Analysis of the Association between GABA Receptor Polymorphisms and Autism Spectrum Disorder (ASD), Journal of Molecular Neuroscience · 2018
- 17. Carotid arterial stent implantation follow-up and results in 50 patients: preliminary report, Electronic Physician .2018
- 18. Does Alpha-lipoic Acid Supplementation Modulate Cardiovascular Risk Factors in Patients with Stroke? A Randomized, Double-blind Clinical Trial, International journal of preventive medicine .2018
- 19. The Effect of Pregabalin and Metformin on Subacute and Chronic Radiculopathy, Advanced Biomedical Research. 2018
- 20. Seasonal and Monthly variation in stroke and its subtypes-10 Year Hospital-Based Study., Mater Sociomed, 2017
- 21. Carotenoids as Potential Antioxidant Agents in Stroke Prevention: A Systematic Review, International journal of preventive medicine, 2017

- 22. The effect of alpha-lipoic acid supplementation on anthropometric indices and food intake in patients who experienced stroke: A randomized, double-blind, placebo-controlled clinical trial, Journal of research in medical sciences, 2017
- 23. Coexistence of Multiple Sclerosis and Brain Tumor: An Uncommon Diagnostic Challenge, Advanced Biomedical Research, 2017
- 24. Does Alpha-Lipoic Acid Comsumption Improve Lipid Profile In Patients With Stroke? A Randomized, Double Blind, Placebo-Controlled Clinical Trial, Iranian Red Crescent Journal, 2017
- 25. The Effect of a Single dose Dantrolene in Patients with Vasospasm Following Aneurysmal Subarachnoid Hemorrhage, Advanced Biomedical Research, 2017
- 26. Cerebral Vasculitis, Advances in Bioscience and Clinical Medicine, 2017
- 27. Tissue plasminogen activator; identifying major barriers related to intravenous injection in ischemic acute cerebral infraction, Journal of research in medical sciences, 2017
- 28. The Association of Menstrual Migraine with Iron Deficiency and Its Induced Anemia, Diagnostic Sensitivity of F-wave Parameters in Unilateral S1 Radiculopathy, Caspian Journal of Neurological Sciences, 2016
- 29. miR-145 and miR20a-5p Potentially Mediate Pleiotropic Effects of Interferon-Beta Through Mitogen-Activated Protein Kinase Signaling Pathway in Multiple Sclerosis Patients, Journal of Molecular Neuroscience, 2016
- 30. Neuromyelitis optica in a pregnant woman with systemic lupus erythematous: A case report, Iranian Journal of Neurology, 2016
- 31. Diagnostic Sensitivity of F-wave Parameters in Unilateral S1 Radiculopathy, Caspian Journal of Neurological Sciences, 2016
- 32. The effect of beta interferon on the expression of miR-145 in patients with multiple sclerosis, Journal Of Isfahan Medical School, 2016
- 33. The Relationship between Nerve Conduction Studies and Electromyography Findings in Patients with Carpal Tunnel Syndrome, Caspian Journal Of Neurological Sciences, 2016
- 34. The association between abdominal obesity and characteristics of migraine attacks in Iranian adults, published in Iranian journal of nursing and midwifery research, 2016
- 35. Vasomotor reactivity comparison in multiple sclerosis patients with white matter lesions and nonmultiple sclerosis subjects with white matter lesions in brain magnetic resonance imaging, Advanced Biomedical Research, 2016
- 36. Assessment of pyridoxine and folate intake in migraine patients, 2016
- 37. Prevalence of vestibular symptoms in patients with migraine in Isfahan, Iran , Journal of Isfahan Medical School 2016
- 38. Usefulness of the survey of autonomic symptoms questionnaire in diagnosis of diabetic autonomic neuropathy, Journal of Isfahan Medical School 2016
- 39. A comparative study of the prescription of memantine and piracetam in poststroke aphasia, Journal of Isfahan Medical School 2016
- 40. Coenzyme q10 in migraine prophylaxis: A randomized, double-blind, placebocontrolled clinical trial, Journal of Isfahan Medical School 2016

- 41. The Correlation between the Standing Stability and Fear of Falling in Patients with Stroke, Journal of Isfahan Medical School 2016
- 42. Diagnostic Accuracy of Optic Nerve Ultrasonography and Ophthalmoscopy in Prediction of Elevated Intracranial Pressure, Shahid Beheshti University journal 2015
- 43. Expression of prostaglandin I2 (prostacyclin) receptor in blood of migraine patients: A potential biomarker, Advanced Biomedical Research 2015
- 44. Effect of Vitamin D supplementation on symptoms and C-reactive protein in migraine patients, Journal of research in medical sciences 2015
- 45. Balance and Depression in Patients with Multiple Sclerosis, MEJDS 2015
- 46. The relationship between different fatty acids intake and frequency of migraine attacks, Iranian journal of nursing and midwifery research 2015
- 47. Comparison of TERRA expression in human brain tumors, The European Journal Of Oncology 2015
- 48. Association Between Abdominal Obesity Indicators and Serum Levels of Homocysteine in Migraine Patients: A Cross-Sectional Study, Jentashapir J Health Res. 2015
- 49. Stroke in Iran, 2014
- 50. Study of the relationship between syncope attacks and diminished carotid and vertebral artery flow using Doppler ultrasonography of cervical vessels, published in JRMS 2010
- 51. Reference values for breath holding index in evaluation of vasomot reactivity by transcranial doppler sonography, published in JRMS 2010
- 52. Association between reproductive period length and risk of ischemic stroke in Iranian patients, published in journal of cell and tissue research 2010
- 53. Evaluation of the citicholine effect in acute phase of supratent orial hemorrhage; a placebo-controlled clinical trial, published in journal of cell and tissue research 2010
- 54. Evaluation of citicholene effect in acute phase of stroke; a randomized clinical trial, published in journal of cell and tissue research 2009
- 55. Duplex sonography of carotid arteries in ischemic stroke patients and control group, published in JRMS 2010
- 56. The efficiency of citicoline in the treatment of ischemic stroke and primary hypertensive intracerebral hemorrhage; a review article, published in Aria Athroslerosis
  2011

- 57. Successful prophylactic treatment of chronic tension-type headache with Tizandin, an a-2 receptor agonist, published in Isfahan medical school journal 2005
- 58. Comparative evaluation of EMG, SSEP, X ray and MRI for diagnosis of cervical radiculopathy, published in journal of cell and tissue research 2009
- 59. Comparison between topiramate and sodium valporoate in the prophylaxy of migraine headache; randomized clinical trial, published in journal of cell and tissue research 2009
- 60. Antimicrobial susceptibility patterns of microorganisms involved in the pathogenesis surgical infections (SSI); a 1-year surveillance, published in Pakistan journal of biological science 2008
- 61. Efficiency of interferon on beta 1a in Iranian multiple sclerosis, published in neurology Asia journal 2010
- 62. Rapidly evolving prupuric lesions to massive hemorrhagic bullae with improvement by prednisolone: as a coetaneous manifestation of systemic lupus erythematosus: a case report, published in Case journals 2011
- 63. A survey on the average of cost in outpatient and imaging in Al-Zahara hospital, published in Isfahan University of medical sciences journals 2010
- 64. Prophylactic treatment of chronic tension headache with Tizanidine, published in Isfahan University of medical sciences journals 2005
- 65. Sympathetic skin response in carpal tunnel syndrome, published in Isfahan University of medical sciences journals 2005
- 66. Triflunomide, oral drug of multiple sclerosis, published in JRMS 2008
- 67. Comparison between efficacy of imipramine and transcutaneous electrical nerve stimulation in the prophylaxis of chronic tension-type headache: a randomized controlled clinical trial, Journal of research in medical sciences in Isfahan medical sciences university 2011
- 68. Stroke and nutrition: a review of studies, International journal of preventive medicine 2013
- 69. Stem cell therapy in stroke: a review literature, International journal of preventive medicine 2013
- 70. Preliminary investigation of economics issues in hospitalized patients with stroke, International journal of preventive medicine 2013
- 71. The association between serum vitamin d levels with general and abdominal obesity among patients with migraine, International journal of preventive medicine 2013

- 72. The relationship between serum levels of vitamin D and migraine, Journal of research in medical sciences in Isfahan medical sciences university... 2013
- 73. Prevention of diabetic foot ulcer, International journal of preventive medicine 2013
- 74. Intakes of vegetables and fruits are negatively correlated with risk of stroke in Iran, International journal of preventive medicine 2013
- 75. Evaluation of Intima Media Thickness of Carotid Arteries in 40-60 Years Old Persons with Type D Personality and its Comparison with Normal Ones, International journal of preventive 2013 B Vitamins and Antioxidants Intake is Negatively Correlated with Risk of International journal of Stroke in Iran, preventive medicine 2013
- 76. Prediction and Control of Stroke by Data Mining, International journal of preventive medicine 2013
- 77. Effectiveness of Attribution Retraining on Women's Depression and Anxiety After Miscarriage, International journal of preventive medicine 2013
- 78. Dairy consumption and stroke risk, International journal of preventive medicine 2013
- 79. Neuroprotective effects of erythropoietin in acute ischemic stroke, International journal of preventive medicine 2013
- 80. The effect of walnut consumption on lipid profiles of the first-degree relatives of type two diabetes mellitus patients (T2DM) with prediabetes, 2013
- 81. Assessment of electromyographic findings in peroneus tertius, tibialis posterior and dorsal interoseous pedis muscles in patients with axonal polyneuropathy,
- 82. 2013
- 83. Cyproheptadine versus propranolol in the prevention of migraine headaches in children, 2012
- 84. Amyotrophic lateral sclerosis with laboratory abnormalities of uncertain significance: A brief review, Iranian journal of neurology 2012
- 85. Evaluation of the Software to Help Advising Professors in Isfahan University of Medical Sciences, Future of Medical Education Journal 2014
- 86. Cerebral Vein Thrombosis an Important Differential Diagnosis of Subarachnoid Hemorrhage (SAH) in Neurology and Neurosurgery, Journal of Research in Medical Sciences 2014
- 87. The relationship between residents' interest to their specialty field and their level of anxiety, Journal of Education and Health Promotion 2014
- 88. Establishing a Tumor Bank and Challenges,..Journal of Isfahan Medical School 2013
- 89. Dietary Intake of Different Carbohydrates Among Incident Stroke Patients
  During Previous Year, International journal of preventive medicine
  2013

- 90. The Effect of Pioglitazone on the Alzheimer's Disease-Induced Apoptosis in Human Umbilical Vein Endothelial Cells, International journal of preventive medicine 2013
- 91. Investigating the anxiety level in Iranian medical residents in 2010-2011, International journal of preventive medicine 2013
- 92. Investigating the anxiety level in Iranian medical residents in 2010-2011, International journal of preventive medicine 2013
- 93. Application and Preventive Maintenance of Neurology Medical Equipment in Isfahan Alzahra Hospital, International journal of preventive medicine 2013
- 94. The Effect of Interpersonal Psychotherapy on Marriage Adaptive and Postpartum Depression in Isfahan, International journal of preventive medicine 2013
- 95. The Role of Telomere in Cell; Telomere Dysfunction and Tumorigenesis, Journal of Isfahan Medical School 2013
- 96. Evaluation of neural gene expression in serum treated embryonic stem cells in Alzheimer's patients, Journal of research in medical sciences in Isfahan medical sciences university 2013
- 97. Evaluation of vasomotor reactivity in systemic lupus erythematosus patients and its comparison with the control group, Journal of research in medical sciences: the official journal of Isfahan ... 2013
- 98. Protein consumptions in stroke patients, Journal of research in medical sciences in Isfahan medical sciences university 2013
- 99. Dietary intake of minerals in the patients with stroke, Journal of research in medical sciences in Isfahan medical sciences university 2013
- 100. The relationship between primary conflicts and motor disability levelin multiple sclerosis patients, Behavioral science journal 2013
- 101. A placebo control double blind study of effects of atorvastatin+ allium hirtifollium on carotid intima media thickness, 2013
- 102. False diagnosis in Multiple Sclerosis 2013
- 103. The relationship between passion and sexsual relationship persuation among Isfahan married women, Behavioral science journal 2013
- 104. Efficacy of Mupirocin and Rifampin Used with Standard Treatment in the Management of Acne Vulgaris, Iranian journal of pharmaceutical research 2013
- 105. A 360-Degree Performance Evaluation of Emergency Medicine Ward in Alzahra Hospital, JPMA. The Journal of the Pakistan Medical Association 2012

- 106. Prophylactic treatment of chronic tension-type headache with trigger points: comparison of oral gabapentin and local injection of depomedrol, Journal of Research in Medical Sciences 2012
- 107. Treatment of carpal tunnel syndrome: A trial of Vitamin B6, 2012
- 108. Tumor band establishment and its challenges, Isfahan university of medical sciences
- 109. Psychological symptoms in patient with chronic dizziness, Journal of Research in Medical Sciences
- 110. A review on the relationship between the Migraine disease an Vitamin D, Journal of Research in Medical Sciences
- 111. The role of cell Teloumer in its performance disorder and making tumors, Journal of Research in Medical Sciences
- 112. High risk behaviors outbreak among female prisoners in Isfahan province, Journal of Research in Medical Sciences
- 113. A comparison between the final cost of radiography and medical services with the average medical services tariffs, Health information management

#### **References:**

- Saadatnia, Mohammad, professor in neurology, Isfahan University of medical sciences, mosaadatnia@yahoo.com, tell: +989131147179
- Shaygannjad Vahid, professor in neurology, Isfahan University of medical sciences, shayegannejad@med.mui.ac.ir, tell: +989133133550