

**CURRICULUM VITAE
FERESHTEH ASHTARI**

CONTACT INFORMATION

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PERSONAL INFORMATION

Date of Birth: May 18, 1963

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CURRENT STATUS

*Professor of Neurology, Department of Neurology, School of Medicine,
Isfahan University of Medical Sciences*

EDUCATIONAL BACKGROUND

*1983 – 1990 **general phsician**
Ahvaz university of medical sciences*

*1991 - 1995 **Neurology**
Isfahan University of Medical Sciences*

*2008 **MS specialty education course***

A) CONFERENCES

***Comparison of Betaferon ,Avonex and Rebifbin treatment of relapsing-remitting
multiple sclerosis***

*Conference: 22th congress of theEuropean Committee for Treatment and Research in
multiple sclerosis. 2006; (Speech)*

Authors: vahid shaygannejad,masoud etemadifar,fereshteh ashtari

Hairloss due to valporate sodium

Conference: second national congress of hair disease. 2006; (Poster)

Authors: F Ashtari , Akbar Ghalamkari , V Shaygannejad

prevalence of multiple sclerosis in Isfahan Iran

*Conference: Sixteen meeting of the European Neurological Society (ENS). 2006;
(Poster)*

Authors: v Shaygannejad, F Ashtari , M Etemadifar

sympathetic skin Response study in parkinson disease

Conference: sixteen meeting of the European Neurological Society. 2006; (Poster)

Authors: V Shaygannejad , s Khosravi , F Ashtari

comparing topiramate and propranolol for migrain prophylaxis

Conference: fifteenth Meeting of the European Neurological Society. 2005; (Poster)

Authors: fereshteh ashtari

evaluation of clinical course and prognosis in 100 iranian multiple sclerosis

Conference: 20th congress of the European Committee for Treatment and Research in Multiple sclerosis. 2004; (Poster)

Authors: fereshteh ashtari, vahid shaygannejad

Anticardiolipin antibody in young stroke patiens compare with controls

Conference: the 9th iranian congress of neurology. 2002; (Speech)

Authors: fereshteh ashtari, mohamadali sharifi, roya sherkat

antiepileptic drugs in children with stuttering speech

Conference: 4th european Congress on Epileptology. 2000; (Poster)

Authors: fereshteh ashtari

B) JOURNAL PAPERS

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- ***Evaluation of risk factors, clinical and paraclinic in cerebral venous thrombosis.*** Ashtari F, shirzidi M. *J of Isfahan Medical school.* 1999;56:1-4
- ***kearn sayer syndrome.*** Ashtari F, Etemadifar M, pishgahi P. *Arch of Iranian medicine.* 1999; 2(3):111-112.
- ***Evaluation of carotid stenosis in stroke patients using duplex ultrasonography.*** Ashtari F, Basiri K .*J of Isfahan medial school english edition.* 2003; 17-20.
- ***A study of the relationship between syncope attacks and diminished carotid and vertebral artery flow using doppler ultrasonography of cervical vessels.*** Shaygannejad V, Ashtari F, khorvash F. *JRMS.* 2005;10(3):97-100

- **Association between Helicobacter Pylori infection and Carotid atherosclerotic plaque.** Ashtari F, Shaygannejad V, Saberi A, Rabiee E. *Iranian j of Neurology.* 2005;5(14):8-12
- **Duplex ultrasonography of carotid arteries in ischemic stroke patients and control group.** Shayghannejad V , khorvash F , Ashtari F. *J Res Med Sci.* 2005;10(3):186-187.
- **Efficacy of interferon beta-1a in Iranian multiple sclerosis.** Ashtari F, Chitsaz A, Khorvash F, Shaygannejad V. *Neurology Asia.* 2005;10:109-1
- **Evaluation of sympathetic response (SSR) in parkinson disease.** Shaygannejad V, Ashtari F, khosravi S, Ghasemi M. *Iranian J of neurology.* 2005;4:5
- **Serum homocystein level in multiple sclerosis.** Ashtari F, Salehi SH ,Shaygannejad V.*JRMS.* 2005;10(5):302-30
- **A randomized, double-blind trial of bromocriptine efficacy in nonfluent aphasia.** Ashtri F, Janghorbani M, Chitsa A, Reisi M, Bahrami A. *Neurology.* 2006;66:914-916
- **Comparison of prednisololn and acyclovir alone and in combination in Bells palsies treatment.** Chitsz A, Ashtari F, Mehrabi A. *J of Rafsanjan University of Medical Sciences.* 2006; 5(3):131-133.
- **Comparison of the Effect of Topiramate and Sodium Valporate in Migraine Prevention: A Randomized Blinded Crossover Study.** Shaygannejad V, Janghorbani M, Ghorbani A, Ashtari F, Zakizade N, Nasr V. *Headache.* 2006; 46(4):1-7.
- **The Influence of Chlamydia pneumoniae infection on intima-Media Thickness (IMT) in common Carotid artery.** Ashtari F, Shaygannejad V, Khosravi A, Saberi A, Nicknazar M. *Asia Atherosclerosis.* 2006; 2(3):130-133.
- **Prevalence of multiple sclerosis in Isfahan, Iran.** Etemadifar M, Janghorbani M, Shaygannejad V, Ashtari F. *Neuroepidemiology.* 2006; 27(1):39-44. Epub 2006 Jun 27.
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atherosclerotic plaque.Ashtari F,Saberi A,Shaygannejad V, Sherkat R, Khosravi AR.

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- **Effects of rivastigmine on memory and cognition in multiple sclerosis.** Shaygannejad V, Janghorbani M, Ashtari F, Zanjani HA, Zakizade N. *Can J Neurol Sci.* 2008 Sep; 35(4):476-81.
- **A double-blind, randomized trial of low-dose topiramate vs propranolol in migraine prophylaxis.**Ashtari F, Shaygannejad V, Akbari M.*Acta Neurol Scand.* 2008 Nov; 118(5):301-5.
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- **Short-term effects of prolonged fasting on multiple sclerosis.** Saadatnia M, Etemadifar M, Fatehi F, Ashtari F, Shaygannejad V, Chitsaz A, Maghzi AH. *Eur Neurol.* 2009;61(4):230-2.
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- **The assessment value of transcranial Doppler sonography versus magnetic resonance angiography in vertebrobasilar stroke.** Ghorbani A, Ashtari F, Fatehi F.*J Res Med Sci.* 2010 May; 15(3):133-9.
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- **Fahr's disease: variable presentations in a family.** Ashtari F, Fatehi F. *Neurol Sci.* 2010 Oct; 31(5):665-7.
- **Effects of adjunct glucosamine sulfate on relapsing-remitting multiple sclerosis progression: preliminary findings of a randomized, placebo-controlled trial.** Shaygannejad V, Janghorbani M, Savoj MR, Ashtari F.*Neurol Res.* 2010 Nov; 32(9):981-5.
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- ***Comparison of the effect of aspirin and amantadine for the treatment of fatigue in multiple sclerosis: a randomized, blinded, crossover study.*** Shaygannejad V, Janghorbani M, Ashtari F, Zakeri H. *Neurol Res.* 2012 Nov;34(9):854-8.
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- **Mutation Analysis of SLC20A2 and SPP2 as Candidate Genes for Familial Idiopathic Basal Ganglia Calcification.** Ashtari F, Saliminejad K, Ahani A, Kamali K, Pahlevanzadeh Z, Khorshid HR. *Avicenna J Med Biotechnol.* 2013 Oct; 5(4):251-6.
- **Speed of word retrieval in multiple sclerosis.** Khatoonabadi AR, Nejad VS, Dadgar H, Ashtari F, Ghasemi M. *J Res Med Sci.* 2013 Apr; 18(4):274-6.
- **Seizure characteristics in multiple sclerosis patients.** Shaygannejad V, Ashtari F, Zare M, Ghasemi M, Norouzi R, Maghzi H. *J Res Med Sci.* 2013 Mar;18(Suppl 1):S74-7.
- **Cow's milk allergy in multiple sclerosis patients.** Ashtari F, Jamshidi F, Shoormasti RS, Pourpak Z, Akbari M. *J Res Med Sci.* 2013 Mar;18(Suppl 1):S62-5.
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- **Convulsive syncope as presenting symptom of carotid body tumors: Case series.** Beigi AA, Ashtari F, Salari M, Norouzi R. *J Res Med Sci.* 2013 Feb;18(2):164-6.

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- **Short-term effect of high-dose vitamin D on the level of interleukin 10 in patients with multiple sclerosis: a randomized, double-blind, placebo-controlled clinical trial.** Ashtari F, Toghianifar N, Zarkesh-Esfahani SH, Mansourian M. *Neuroimmunomodulation*. 2015; 22(6):400-4.
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- **Effect of Extracorporeal Shock Wave Therapy on Lower Limb Spasticity in stroke patients.** Taheri P, Vahdatpoor B, Mellat M, Ashtari F, Akbari M. *Arch Iran Med*, 217; 20(6):338-343.
- **Psychological well-being in people with multiple sclerosis in an Iranian population.** Dehnavi SR, Heidarian F, Ashtari F, Shaygannejad V. *JRMS* 2015; 20(6):535-6.
- **Clinical and Epidemiological Aspects of Multiple Sclerosis in Children.** Mohammad Nasehi M, Sahraian MA, Naser Moghadasi AR, Mohammad Ghofrani, MD, Ashtari F, Taghdiri MM, Tonekaboni H, Karimzadeh P, Afshari M, Moosazadeh M. *Iran J Child Neurol*. 2017 spring; 11(2): 37–43.
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- **Comparison of the efficacy of azathioprine and rituximab in neuromyelitis optica spectrum disorder: a randomized clinical trial.** Nikoo Z, Badihian S, Shaygannejad V, Asgari N, Ashtari F. *J Neurol*. 2017 Sep;264(9):2003-2009.
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 - **Comparative study of quality of life, anxiety, depression, and fatigue among patients with neuromyelitis optica spectrum disorder and multiple sclerosis: The first report from Iran.** Barzegar M, Badihian S, Mirmosayyeb O, Ashtari F, Jamadi M, Emami S, Jahani L, Safavi A, Shaygannejad V. *Mult Scler Relat Disord*. 2018 May; 22: 161-165.
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- ***Niemann-Pick Diseases: The Largest Iranian Cohort with Genetic Analysis.*** Hashemian S, Eshraghi P, Dilaver N, Galehdari H, Shalbfan B, Vakili R, Ghaemi N, Ahangari N, Rezazadeh Varaghchi J, Zeighami J, Sedaghat A, Aminzadeh M, Hamid M, Saberi A, Ashtari F, Ghayoor Karimiani E, Shariati G. *Iran J Child Neurol.* 2019 Spring;13(2):155-162.
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- ***Longitudinally extensive myelitis as first presentation of renal cell carcinoma.*** Ansari B, Okhovat AA, Ashtari F. *Iran J Neurol.* 2018 Oct 7; 17(4):197-199. No abstract available.
- ***Optical Coherence Tomography in Neuromyelitis Optica spectrum disorder***

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- ***Cohort profile: a collaborative multicentre study of retinal optical coherence tomography in 539 patients with neuromyelitis optica spectrum disorders (CROCTINO).*** S Specovius, HG Zimmermann, FC Oertel, C Chien, C Bereuter, LJ Cook, ...*BMJ open* 10 (10), e035397
 - ***Pre-pregnancy, Obstetric and Delivery Status in Women with Neuromyelitis Optica Spectrum Disorder.***F Ashtari, R Mehdipour, V Shaygannejad, N Asgari*Multiple Sclerosis and Related Disorders*, 102252
 - ***Comparison of the efficacy of rituximab and glatiramer acetate in patients with active secondary progressive multiple sclerosis: A randomized clinical trial .***O Mirmosayyeb, M Cheshmavar, N Badihian, S Badihian, ...*Neurology* 94 (15 Supplement)
 - ***Effect of MS on pregnancy and the effect of pregnancy on MS patients in Isfahan*** M Valiani, F Ashtari, F Mokhtari, M Soudavi, H Saadat
 - ***Tumefactive rebound of multiple sclerosis after the short-term cessation of fingolimod: A case report. Multiple Sclerosis and Related Disorders.*** 2020 Apr 1; 39:101883.
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 - ***Retinal Optical Coherence Tomography in Neuromyelitis Optica: Neurology-Neuroimmunology Neuroinflammation.*** 2021 Nov 1;8(6). Frederike Cosima Oertel, Svenja Specovius, Hanna G. Zimmermann, Brandt, Friedemann Paul, ...
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- **Safety of Sinopharm vaccine for people with Multiple Sclerosis: Study of adverse reactions and disease activity. *Multiple Sclerosis and Related Disorders.* 2022 Feb 21:103708.**

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